



# **Seattle Police Department**

## **Crisis Intervention Committee**

**June 13, 2013**



# Agenda

Welcome

Chief Jim Pugel

Introduction

A/Chief Mike Sanford

Brief History of SPD CIT

Sergeant Joe Fountain

Round Table Discussion

Captain Chris Fowler

Introduction to CIC

Dr. Randy DuPont

Structure of SPD CIC

Captain Chris Fowler

Mission/Vision

Goals

Department of Justice expectations

Mike Diaz

Business Rules of the SPD CIC

Captain Chris Fowler

Development of subcommittees

Set meeting schedules

Next Steps

A/Chief Mike Sanford &

Captain Chris Fowler



# A Brief History Of SPD CIT

# Crisis Intervention Team



- Organization
- Outcomes
- Training
- Initiatives

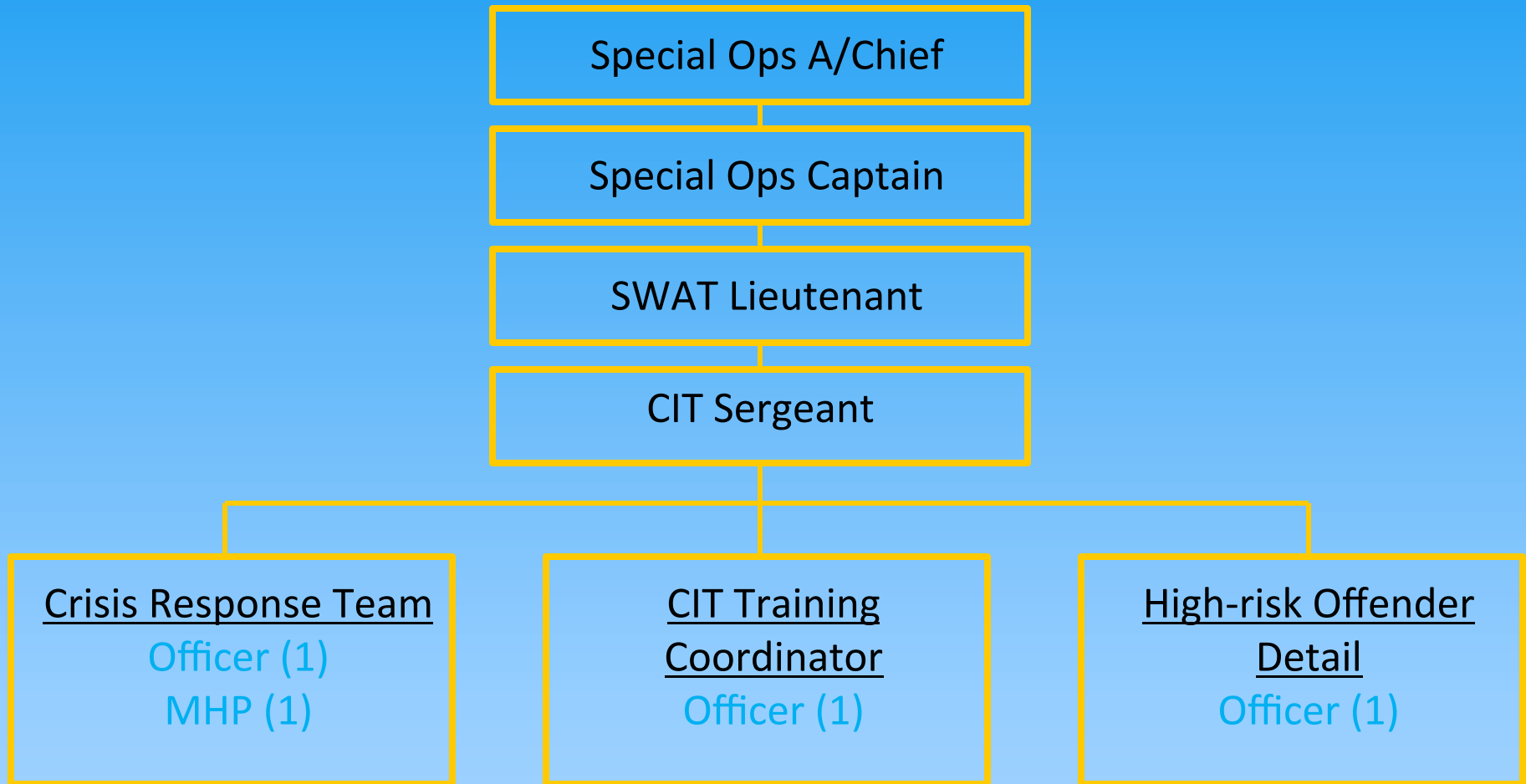


# Organization

- Background
  - First class in 1998
  - Earlier intervention
  - CIT-MHP Pilot
  - Dedicated v. trained



# Organization



# CI-MHP Response Team



- Two-year BJA grant began in October 2012.
- Contract awarded to DESC.
- Access to clinical resources.
- Crisis response and earlier intercept.
- Consultation with officers.
- Support of Mayor and City Council for 2013 funding.

# CI-MHP Response Team



“...it was observed that these [outcomes] represented substantial improvements in the amount of time to case resolution, repeat contacts, and referrals to non law enforcement resources.”

(Helfgott, Hickman, & Labossiere, 2012)

Presentation at International Congress of Law and Mental Health, Amsterdam 2012





# Mission

The Seattle Police Crisis Intervention Team resolves incidents involving mental illness and persons in crisis through:

- Intervention
- Collaboration
- Training

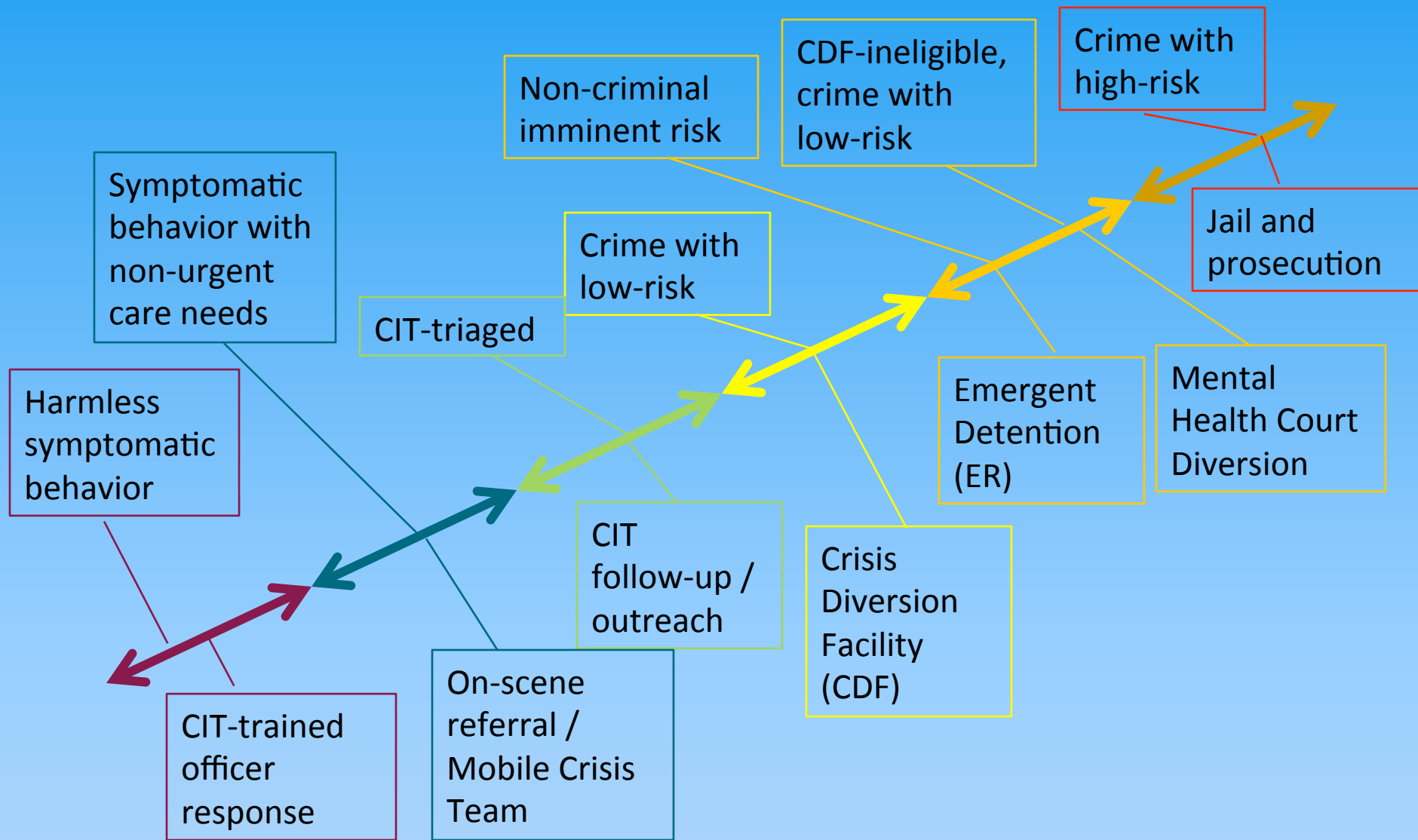


# Intervention

- Cases from patrol, outside agencies.
- Triage:
  1. Imminent high risk of harm.
  2. Escalating harmful behavior across multiple incidents.
  3. High-utilizers.
  4. Request from officers.
- Cases triaged 2012: 6254
- Cases resolved 2012: 679



# Intervention



# Collaboration



- Crisis Diversion Facility / Mobile Crisis Team
  - Cooperative policy/procedure development
  - CIT rides-along for 20 staff members
  - Roll-call training
  - Increase in jail diversions

# Collaboration



- Seattle Mental Health Court
  - Community diversion court
  - Expert testimony and consultation
  - Integral part of team concept



# Collaboration

- Policy and practice input
  - State offender release committee
  - King County Mental Health Board
  - Training for mental healthcare and social services
  - Senate sub-committee testimony



# Collaboration

- Community partnerships
  - King County DMHPs
  - Harborview, Navos
  - Community mental health agencies
  - Homeless outreach “Intentional Outreach Effort”
  - National Alliance on Mental Illness (NAMI)

# Crisis Intervention Team



Total SPD CIT-trained = 420

CIT-trained in Patrol = 291



# Training Initiatives



- CJTC
  - 2013 40-hour = 50-100 px
  - Advanced
  - Awareness
  - Youth
  - Force Options
- Roll-call
  - Emergent detentions and screening
  - CSC - Jail diversion

# Training Initiatives



- SPD CIT Awareness and De-escalation.

(CIAD)

- Field evaluation
- Suicide intervention
- Community mental health resources.
- Crisis de-escalation
- Jail diversion
- Mental health law

# Training Initiatives



- SPD CIT and De-escalation.
  - 16-hour, 2-day
  - Skills-based, interactive
  - Scenarios
  - Collaborative curriculum
    - King County Mental Health
    - NAMI
    - Crisis Clinic
    - Community mental health services
    - Mental-health professional



# Round Table Discussion

What conditions lead to effective crisis intervention for both Law Enforcement and service providers?

How do we enhance this relationship to support that intervention?

What are areas that currently exist within SPD and the community we need to continue or enhance?



# General Structure of CIC

Dr. Randy DuPont



# Seattle Police Department's Crisis Intervention Committee

**Vision:** An effective regional crisis incident response built upon best practices, innovation, and experience.

**Mission:** The Crisis Intervention Committee creates a structured, flexible, and efficient approach to enhancing the Seattle Police Department's crisis intervention program as well as setting the conditions for strong community and regional partnership in establishing best practices.

## **Foundational Commitments:**

- Create a responsive, innovative, and data driven process of continuous evaluation and improvement
- Integrate best practices into both training and established crisis intervention procedures
- Facilitate whole agency resource and capabilities into SPD crisis intervention strategies
- Partner with King County Sheriff's Office to initiate regional partnership with potential for expanding to additional law Enforcement bodies.



# Seattle Police Department's Crisis Intervention Committee

## Goals:

- Evaluate SPD's current CIT program, study national models, and make recommendations on whether SPD should modify the structure and design of its crisis intervention program
- Develop a checklist of resources available to refer individuals in crisis
- Review and validate the Seattle Police Department's Crisis Intervention training to include: the 18 hour course, the 8 hour refresher, in-service training for non-CIT trained officers, and training for dispatchers to identify individuals with behavior or mental health crisis
- Develop policy and procedures for the disposition or voluntary referral of individuals to jails, receiving facilities, and local mental health and/or social service agencies that clearly describe the roles and responsibilities of those entities and of SPD Crisis Intervention trained officers in the process



# Department of Justice

USAWAW Mike Diaz





# SPD CIC Format

Crisis Intervention Committee (Full Membership)

Executive Steering Committee

Curriculum Review Sub-Committee – Review the CIT curriculum model. Request initial review of both the 18 hour curriculum and the 8 hour refresher training.

Data Sub-Committee – Investigate existing data that can enhance or guide the CIT program. Make plans for future collection as needed to measure the effectiveness of the program.

Systems Sub-Committee – Responsible for researching the current system for crisis response and delivery and linkages between agencies and operating procedures currently in place.



# Next Steps

Formalize Committees

Schedule the next meeting